



Kinetik is clean, natural energy. Powered by one of the desert's greatest secrets, the Yerba Santa plant, it's the only caffeine that replenishes what others deplete. Designed to fuel both mind and body with unprecedented precision, Kinetik combines plant-based energy with hydrating electrolytes and brain-supporting nutrients.

Powerful. Natural. Just like you.

- ⚡ Provides 200 mg of clean, natural caffeine to energize your mind and body while helping it fight adrenal fatigue and burnout.
- ⚡ Deep hydration from key electrolytes and supporting ingredients.
- ⚡ Features brain-supporting nutrients like grape polyphenols and rosavins from rhodiola.
- ⚡ Free of taurine, sucralose, aspartame, sugar, artificial colors or flavors.

B Vitamin Complex

Kinetik provides essential B vitamins—including B1, B2, B3, B5, B6, biotin (B7), and B12—that help support brain function, energy metabolism, and overall vitality. Formulated to help maintain nutrient levels that may be impacted by daily stressors, this blend offers a more balanced approach to daily energy support.

Electrolyte Blend

Hydration isn't just about water—it's about balance. Kinetik delivers four essential electrolytes—sodium, potassium, calcium, and magnesium—to help your body absorb fluids more effectively, maintain cellular communication, and stay energized throughout the day. It's hydration that fuels your system and quenches your thirst.

High-Performing Ingredients

Yerba Santa Extract

A rare flavanone from a desert plant that helps the body resist adrenal fatigue.

Green Tea Extract

Natural caffeine with polyphenols to enhance bioavailability and reduce crash.

Rosavins (from Rhodiola)

Adaptogenic compounds to support mental endurance and a positive mood state.

Grape Polyphenols + Ginsenosides

Botanical antioxidants that support circulation and brain function.



KYNETIK™

Recommended Use:

Add one pack to 8-10 oz of cold water.
Shake or stir well before using.



Supplement Facts

Serving Size: 1 Packet (6 g)
Servings Per Container: 30

	Amount per serving	% Daily Value
Calories	10	
Total Carbohydrates	<1 g	<1%*
Total Sugars	0 g	0%
Includes 0 g of Added Sugars		0%
Protein	2 g	†
Thiamin (as Thiamin HCl)	3 mg	250%
Riboflavin (as Riboflavin 5'-Phosphate)	3.5 mg	269%
Niacin (as Niacinamide)	30 mg	186%
Vitamin B6 (as Pyridoxal 5'-Phosphate)	4.8 mg	282%
Vitamin B12 (as Methylcobalamin)	2 mcg	83%
Biotin	300 mcg	1000%
Pantothenic acid	10 mg	200%
Calcium (as Calcium Carbonate)	25 mg	2%
Magnesium (as Magnesium Citrate)	5 mg	1%
Sodium (as Sodium Bicarbonate & Sodium Chloride)	150 mg	7%
Potassium (as Potassium Citrate)	100 mg	2%
L-Glycine	2 g	†
Caffeine (from Green Tea Leaf Extract)	200 mg	†
L-Theanine	50 mg	†
Rhodiola Rosea Root Extract	50 mg	†
Yerba Santa Leaf Powder	50 mg	†
Korean Ginseng Stem & Leaf Extract	20 mg	†

* Percent Daily Values are based on a 2,000 calorie diet.
† Daily Value not established

OTHER INGREDIENTS: Citric Acid, Erythritol, Natural Flavors, Malic Acid, Stevia Leaf Extract, Silicon Dioxide, Vegetable Juice (color), Monk Fruit Extract.

RECOMMENDED USE: Add one pack to 8-10 oz of cold water. Shake or stir well before using.

WARNING: Do not exceed two servings per day. Keep out of reach of children. Not intended for individuals under the age of 12 or those sensitive to caffeine. Consult your healthcare provider prior to use if you are pregnant, attempting to become pregnant, nursing, taking medications, or have any health concerns. Do not use if safety seal is broken or missing.

STORAGE: Store in a cool, dry place.

CAFFEINE: 200 mg per 1 packet (6 g).

Who's behind this product?



DR. DAN GUBLER

Ph.D. | THREE Chief Scientific Officer

- 15 years of cellular absorption formulation experience
- Widely published in peer-reviewed journals
- Formulated over 70 nutritional supplements
- 16 patents granted or pending
- Ph.D. in organic chemistry
- Caltech-trained
- Health influencer | 500K followers | Top 50 Podcast
- Award-winning

Watch Dr. Dan talk about Kynetik:



Cellular Absorption Technology

At THREE we discover, develop, and deliver the most effective proactive wellness solutions. Our innovative technologies deliver nutrients at the cellular level for maximum wellness.

learn more at: THREEInternational.com